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### Report: "Wagashi KITCHEN Anmitsu" (presented by SIED)

Updated Aug. 4, 2017

On July 12th (Wed.), SIED held "Wagashi KITCHEN Anmitsu" at the International Community Lounge on Imadegawa campus and we welcomed 15 participants including eight international students. To start off the event, SIED staff introduced the Japanese summer culture such as ways to cool oneself and the effective way to use uchiwa (Japanese hand holding fan).

Following the talk, the participants took part in the anmitsu making and tried making one of the essentials for the dessert - dumplings; they kneaded the dough, formed them into bite-size balls, and boiled them. While some of the participants were used to cooking dumplings, the others seemed to struggle a bit as they had never cooked any Japanese sweets before. In some groups, the students talked about the food cultures in different countries, recommending one another desserts from various regions.

Along with the dumplings they made, each participant created their own anmitsu plates, adding various fruits. They all enjoyed a nice break with the cool dessert just before the hot summer.

SIED plans to host "Wagashi KITCHEN" in the fall semester. We look forward to seeing you all then!



Related Information	<a href="#">同志社大学国際センター(Doshisha University International Center) Facebook</a>
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